

## Bris Preparation Instructions

### Before the Brit Milah:

1. Please confirm with your pediatrician that your child is safe enough to undergo circumcision
2. Finish feeding 45-60 minutes before the ceremony
3. Dress the child in a T-shirt, a disposable diaper, socks, and a receiving blanket. This will help keep him comfortable and make dressing and undressing easier.

### What to Bring to the Brit Milah

1. One pillow
2. A Kiddush cup filled with Kosher wine (ex. Manischewitz)
3. Two candle holders with candles and matches
4. Extra diapers and wipes
5. A&E ointment
6. Tallit for the Sandek and father/mother if desired
7. Challah, challah plate, and challah cover
8. Kippot for the guests (if you would like me to bring Kippot, please let me know)
9. Explanation of child's name

During the ceremony, parent(s) will share a few brief thoughts about their child's Hebrew and English names

### Room Setup

1. Table – sturdy (ex. dining room table) with good lighting
2. Two nice chairs (not folding chairs)

Guests will stand during the ceremony – no chairs for sitting needed

## Honors

**Sandak:** Person upon whose lap the circumcision is performed. Traditionally, this role is fulfilled by one of the baby's grandfathers

**Kvater & Kvaterin:** People who bring baby into the room at beginning of ceremony. Often a man & woman from the parent's generation (e.g. baby's aunts/uncles). This may also be good friends, godparents, grandmother(s).

**Candle Lighter:** Person to light the candles at the start of the ceremony. This may be a family member or friend that the parents wish to honor.